

Hotlines:

Crisis Hotline 24/7 hrs	713-468-5463 / 713-HOTLINE Espanol: 713-526-8088
Teen Crisis Hotline	713-529-8336
National Suicide Prevention Lifeline Chat securely and confidentially: www.suicidepreventionlifeline.org	1-800-273-TALK (8255) 1-888-628-9454 (Spanish) 1-800-SUICIDE
Gulf Coast Center (24-Hour Crisis Hotline) Mobile Crisis Outreach Team	866-729-3848
National Runaway Switchboard	1-800-RUNAWAY
TREVOR Lifeline (LGBTQ)	(866)488-7386 or Text START to 678678
National Human Trafficking Hotline	(888) 373-7888 or Text 233733
United Way (information & referral)	211

Community Resources:

Family Service Center of Galveston County	(281) 576-6366
Gulf Coast Center	(800) 643-0967 / (409) 763-2373
Innovative Alternatives	(713) 222-2525
The Krist Samaritan Counseling Center	(281) 480-7554
New Dimensions Day Hospital	(800) 685-9796
Depelchin Children's Center	(713) 730-2335
NAMI (National Alliance for the Mentally Ill)	(281) 579-3750
UTMB Behavioral & Mental Health	(409) 772-3695 / (888) 886-2543

Mental Health Deputies: Must Be a Danger to Self Or Others

Galveston County Sheriff's Dept.	(409) 766-2323
Brazoria County Sheriff's Dept.	(281) 331-9000 / (979) 849-2441
Harris County Mobile Crisis Unit	(713) 970-4621
League City Police Dept. Guardian Program	(281) 332-2566

If danger to self or others call 911 or go to the nearest emergency room.