

Parent Representatives

Renae Canales
Kelli Griffith
Tonya Daniels
Heather Putnam
Aide Reboloso
Amber Heryford
Sharon Boudreau
Patricia Welch
Nakia Welch
Melissa Carpenter
Leslie Worthen

Community Representatives

Marissa Gissler-Anchor Point
Lighthouse Christian Ministries
Katherine Brouillard-Communities in Schools
Nancy Lounds, PA-C-Gator Hope Clinic

School District Representatives

Jo Ellen Allen
Kim Davidson
Lacy Willey
Roxanne Ellison
Amy Cmaidalka
Kim Dailey
Erica Hollister
Aileen Edison
Reya Moya
Jennifer Washburn
Casey Gillikin
Jill Gonzales
Karina Alvarado
Tina Knight-Gray
Tameka Henry
Dominique Jackson
Nick Vogt
Incela Rodriguez
Patrice Carhart

Meeting Schedule: All meetings are held at the Dickinson Independent School District Administration Building.

October 30, 2019 3:30-4:30 p.m.

- The first meeting of the 2019-2020 school year. Committee members were introduced and the meeting overview was presented by Jo Ellen Allen. Committee members present were Jo Ellen Allen, Tina Knight-Gray, Renae Canales, Jennifer Washburn, Reya Moya, Nancy Lounds, Patrice Carhart, Casey Gillikin, Lacy Willey, Amy Cmaidalka, Dominique Jackson, Karina Alvarado, Tameka Henry, Kim Daley, Sharon Boudreaux, Heather Williams, Marissa Gissler, and Jill Gonzales.

- The first topic of discussion was Social Emotional Learning (SEL) and Counseling Highlights presented by Amy Cmaidalka.
 - Currently working with Mental Health of America to implement a Comprehensive Counseling Program.
 - Started implementation of Character Strong on all campuses.
 - Counselors received the Second Step Curriculum.
 - Superhero Social Skills curriculum has been ordered.
 - Dickinson ISD has three instructors that are able to implement Youth Mental Health First Aid for Youth.
 - All campuses have received training for Emotional Backpack.
 - A training calendar is available on google.

- The second topic of discussion was Nursing Highlights presented by Jo Ellen Allen.
 - Vision, Hearing, and Acanthosis Nigricans screenings completed.
 - Nurses are working on follow-up letters regarding referrals for vision, hearing, and acanthosis nigricans screenings.
 - Nurses are performing monthly scoliosis screenings.
 - Community partner Sullivan's Pharmacy is administering flu vaccines to employees.
 - Vaccination Compliance and Snap Shot completed for all campuses.
 - Snap Sot data provided to committee members.
 - Approximately 11,600 Students
 - 4 Deficiencies
 - 99 In Progress
 - Good handwashing/flu prevention videos-posters sent out to staff. A you tube video was provided for students to watch.

- The third topic of discussion was Food and Nutrition Highlights presented by Lacy Willey.
 - Free Breakfast for ALL students.
 - The reduced price cost is currently waived (reduced students pay \$0.00 for meals)
 - Serving approximately 8,000 lunches per day and 6,000 breakfasts per day.
 - Breakfast participation higher than last year with current average of 53%.
 - The High School second chance breakfast and other programs at varying campuses are helping with the increased participation.
 - 9th grade center had a successful opening.
 - Scratch cooking is taking place in all kitchens.
 - Celebrating farm fresh all month with Texas milk, Texas fruits and much more.
 - National School Lunch Week celebrated October 14th through 18th.
 - Farm to cafeteria connections with nutrition education in the classroom (over 600 students educated).
 - Thanksgiving meal was served November 15th for all elementary students and parents.
 - Thanksgiving meal for secondary students was served on Nov. 14th.
 - Campuses are utilizing share tables (all elementary campuses and most secondary campuses) to decrease food waste.
 - Upcoming project will be renovating two existing lines at the high school. One line for freshly prepared pizza and the other line for international food.

- The fourth topic of discussion was Physical Education Highlights presented by Jo Ellen Allen.
 - **The Daily Mile**
 - The Daily Mile is currently being implemented at Bay Colony Elementary and San Leon Elementary. This is a simple initiative that aims to improve the physical, emotional, social health and well-being of our children and create healthy habits for life.
 - **Campus Highlights**
 - **Kranz Junior High**
 - Girls are currently in week 2 of a Frisbee Unit. They have completed kickball, football and basketball units.
 - **McAdams Junior High**
 - The girls joined the school wide initiative to incorporate writing in all subject areas. We use sport lessons, team building, sportsmanship, and various other PE and health related topics to incorporate writing skills.
 - In November Lacy will be visiting MJHS girls in the gym to do health lessons before they leave for Thanksgiving break.
 - Goals for next semester will be to do a class goal of walking/running across the world or the stars. This is something in the works that I hope to be able to do this next semester.
 - **Dunbar Middle School**
 - Students participate in the Mile every day! This is separate from warm-up or the activity for the day. Students are running the Mile typically 2-3 days per week.
 - BACODA will be presenting on the effects of smoking on your body in November to all PE classes.
 - All students completed a pre-fitness gram test to see where they were at physically and to set goals for themselves for the official fitness gram test.
 - All students are working on improving their fitness gram PACER test by including the practice PACER twice a month and recording their scores so they can see improvements.
 - **KE Little Elementary**
 - Finishing the Kids Heart Challenge.
 - **Hughes Road Elementary**
 - Students participated in a guest presentation from Premiere Martial Arts. The presentation taught the importance of setting goals and showing the students self-defense techniques.
 - **San Leon Elementary**
 - Go Run for Fun Run sponsored by Ineos will be held on November 8th.
- The final topic of discussion was the Healthy Eating Toolkit from Action for Healthy Kids presented by Jo Ellen Allen.
 - Committee members were given the online resource information for the Healthy Eating Toolkit. The website is full of information, games and ways to implement healthy eating habits.

December 17, 2019 3:30-4:30 p.m.

- The second meeting of the 2019-2020 school year. Committee members were introduced and the meeting overview was presented by Jo Ellen Allen. Committee members present were Jo Ellen Allen, Katherine Brouillard, Paul Trahan, Jennifer Washburn, Karina Alvarado, Amy Cmaidalka, Reya Moya, Kim Davidson, Patrice Carhart, Aileen Edison, Renae Canales, Nancy Lounds, Tina Knight-Gray, Lacy Willey, Jill Gonzales, Dominique Jackson, and Quinton Marsh.

- The first topic of discussion was a presentation from Joseph Trahan.
 - Joseph Trahan provided support and evidence related to a request to change part of the Wellness Policy.
 - Proposal: To allow the Main Campus at the High School to sell Coca-Cola products that have zero sugar during lunch periods.
 - Four research articles and a comparison to drinks currently being sold by Food and Nutrition Services at the High School.
 - Mr. Trahan stated that the products being proposed have equal or greater nutritional value as compared to the products already being sold by Food and Nutrition Services at the high school.
 - Lacy Willey provided research and support for the current policy. Lacy also spoke about the research and guidance related to artificial sweeteners.
 - SHAC committee members will be provided with detailed information through e-mail and an electronic vote will be necessary to make changes to the current wellness policy.

- The second topic of discussion was Social Emotional Learning (SEL) and Counseling Highlights presented by Amy Cmaidalka.
 - Suicide Prevention Procedures and Crisis Response have been updated.
 - Currently working with Dr. Ernest Cox to create a Dickinson Comprehensive Counseling Model that aligns with the Texas Model.
 - Counselors have received training from Niroga for Dynamic Mindfulness.
 - Ruby Payne will be presenting to staff at DISD on Emotional Poverty.
 - Professional School Counselors are beginning the implementation of Emotional Backpack to staff. There are three modules: Mental Health, Trauma Informed Classrooms, and Suicide Prevention.

- The third topic of discussion was Nursing Highlights presented by Jo Ellen Allen.
 - Currently completing referral letters and following-up on previous referral letters.
 - Hearing, vision, scoliosis and acanthosis nigricans screenings are being finalized.
 - Continue to screen new admissions.
 - Addressing playground safety on elementary campuses.
 - Flu prevention education and hand washing education is ongoing.
 - Completing monthly compliance reports for vaccinations and screenings.

- The fourth topic of discussion was Food and Nutrition Highlights presented by Lacy Willey.
 - Free Breakfast for ALL students continues.
 - Thanksgiving Lunch was a success.
 - Food and Nutrition Services is hiring for a Chef position.
 - McAdams Junior High is testing new recipes
 - Students are trying out a new breakfast sandwich and three new pizza recipes.
 - Food and Nutrition Services hosted the Superintendent, A-team and Board Members for their annual holiday dinner. Fifty people that attended the dinner.
 - Participated in the Empty Stocking program.
 - The Food and Nutrition Services department filled six stockings.
 - All kitchens have had health inspections with good reports for the fall semester.
 - A training seminar and other continuing education classes were provided to Food and Nutrition Services employees.
 - The dietitian participated in the Calder Road Elementary School resource fair.
 - Continuing to provide nutrition education in the classroom.

- The fifth topic of discussion was a Physical Education Highlights presented by Jo Ellen Allen.
 - **Campus Highlights**
 - **Calder Road Elementary**
 - INEOS Go FUN RUN will be held on January 17th.
 - **McAdams Junior High**
 - 7th grade PE has started the year with several sport lessons in areas like volleyball, football, kickball and more.
 - **KE Little Elementary**
 - Field Day was on Friday, Nov. 22nd.
 - Currently participating in Holiday games!
 - Started a Marathon Kids Running Club.
 - Students meet on Tuesday and Thursday mornings.
 - There are 25 students in the club
 - As of this meeting date, the 25 students have run 329.18 miles combined.
 - **Kranz Junior High**
 - Just finished the bowling unit and are starting a unit on throwing and dodging.
 - **Dunbar Middle School**
 - We have a goal for all classes to be able to run a mile by the end of the school year.
 - Currently working on building up endurance.
 - Started out walking 10 minutes
 - Next, walking 8 minutes jogging 30 seconds, walking 30 seconds, jogging 30 seconds and walking the last 30 seconds.
 - Currently the kids are walking 6 minutes, running for 1 minutes, walking 1 minute, jogging 1 minute, and walking last minute.
 - Started House Days where once a month teams (3rd period homeroom classes) compete in different events.
 - Our first one was Nov 22, 2019 were teams competed in basketball, stem activities, and clubs.
 - Next House Day is scheduled for Dec 20, 2019 and teams will compete in basketball, kickball, and Uno.
 - The winning teams (one for 5th and one for 6th) will be announced at the end of the school year.

February 18, 2020 3:30-4:30 p.m.

- The third meeting of the 2019-2020 school year. Committee members were introduced and the meeting overview was presented by Lacy Willey. Due to no electricity at the administration building committee members signed in and the meeting agenda and PowerPoint were briefly discussed before adjourning the the meeting. Committee Members present were Renae Canales, Jennifer Maxwell, Aileen Edison, Katherine Brouillard, Patrice Carhart, Tameka Henry, Amy Cmaidalka, Dominique Jackson, Jill Gonzales, Karina Alvarado, Casey Gillikin and Lacy Willey.
 - The first topic of discussion was Social Emotional Learning (SEL) and Counseling Highlights presented by Lacy Willey.
 - **Gator Wellness**
 - **Comprehensive Counseling Program**
 - The District is on target to have a Comprehensive Counseling Program aligned to The Texas Model for Comprehensive School Counseling Programs by the 2020-2021 school year.
 - Current Counseling Program has been audited.

- Created a mission statement.
- In the process of collecting data.
- Administrators will receive a presentation by Dr. Ernest Cox on March 5th about the role of a professional school counselor.
- **Social Emotional Learning (SEL)**
 - Currently ordering materials for calming kits.
 - Every elementary classroom will have a calming kit.
 - Every counselor Elementary through High school will have a kit.
- **Family Engagement**
 - So far there has been poor attendance.
 - Upcoming Events:
 - February 26th Backpack for Parents
 - March 4th QPR Suicide Prevention by DePelchin
 - March 18th Family Engagement/ Shriners Bullying Program
 - March 25th Youth Mental Health First Aid Training
- **Mental Health Wellness & Awareness**
 - Campuses are implementing Emotional Backpack: Mental Health, Trauma Informed, and Suicide Prevention
 - Emotional Backpack will also be available for families and the community.
- **Community Partnerships**
 - BACODA has received extra funding and we are working with them to develop a plan for implementation.
- **Crisis Prevention & Response**
 - The District is still in the process of updating the current suicide prevention process.
- **Campus Highlights**
 - **Lobit Elementary**
 - Character Strong
 - Calm Crusader groups for Anxiety
 - Social Skill groups
 - Dynamic Mindfulness & Breathing
 - Restorative Practices
 - Career Fair on May 15th
 - Parent University on Cyber Bullying and Cyber Safety on March 24th
 - No Place for Hate Student Coalition
 - Watch D.O.G.S.
 - **Calder Road Elementary**
 - Great Kindness Challenge- school wide push to increase acts of kindness with students, staff and families.
 - Working on requirements to be recognized as a “No Place for Hate” campus again.
 - HEB Buddy coming to present the “Be a Buddy, Not a Bully” Program to second graders.
 - Campus wide character-based education is going on in PLC weekly.
- The second topic of discussion was Nursing Highlights presented by Lacy Willey.
 - Currently completing health screenings on all new students.
 - Re-screening and follow-up letters for students that failed previous screenings.
 - PK, K, 1st, 3rd, or 5th graders are being screened for vision and hearing.
 - 1st, 3rd, and 5th are being screened for Acanthosis Nigricans.
 - Girls aged 10 and boys aged 13 and/or 14 are being screened for scoliosis.

- Hygiene video sent out to 3rd and 4th grade teachers.
 - Currently scheduling puberty talk with 5th grade boys and girls.
 - FERPA and HIPPA slide show created for staff.
 - Preparing letters to send out to 6th grade students for their mandatory immunizations required for 7th grade.
- The third topic of discussion was Food and Nutrition Highlights presented by Lacy Willey.
 - March 2-6th was School Breakfast Week
 - Opened a Teacher Line at the Dickinson High School
 - Searching to fill a Chef position
 - Onsite monitoring has been completed at all sites for lunch and 50% of breakfast sites are completed.
 - The Registered Dietician participated in the State Wellness Policy Taskforce.
 - Director of Food and Nutrition Services presented at Manufacturers' Agents Association for the Foodservice Industry to showcase the high school smart lunch concept.
 - Food and Nutrition Services is contributing recipes and wellness information for the new Gator Pulse Employee Newsletter.
 - The fourth topic of discussion was Physical Education Highlights presented by Lacy Willey.
 - **Campus Highlights**
 - **K.E. Little**
 - Began FitnessGram testing on February 18th
 - Hosting their first Family Fitness night on March 25th.
 - **San Leon Elementary**
 - Hosted a Glow Run on February 7th.
 - Started an afterschool running club for 3rd and 4th graders
 - **Kranz Junior High**
 - Beginning the Tennis unit.
 - Just finished the Soccer unit.
 - **Calder Road**
 - Field Day is March 6th.
 - The fifth topic of discussion was Communities in Schools Highlights presented by Lacy Willey.
 - **Barber Middle School**
 - Marathon workers mentored students during lunch in November and December.
 - BACODA will be presenting on the effects of tobacco.
 - Reality Town sponsored by AMOCO Federal Credit Union is upcoming for students.
 - Backpack Buddy
 - Snack Pantry
 - Journey of Hope (CIS and Counselor)
 - Lunch groups that focus on various topics.
 - **Hughes Road Elementary**
 - Backpack Buddy
 - Snack Pantry
 - Journey of Hope (CIS and Counselor)
 - Lunch groups that focus on various topics
 - Way To Go Wednesday-spotlights kids who are doing the right things each week.
 - Working on: Program to get kids new books (build up literacy), Gator Store to help with behavior and WATCH D.O.G.

- **Lobit Middle School**
 - Backpack Buddy
 - Lunch groups. In February groups focused on individuals who were impactful in black history and how students can create their own legacy at Lobit Middle School.
- **K.E. Little Elementary**
 - Backpack Buddy/Food Pantry/Daily Snacks
 - Kindness Rock project – follow up to our school wide kindness rally, by grade level, every student is painting kindness rocks to be placed in the community.
 - Working with PE coach on a family fitness night for March that includes a health fair with local, community resources
 - In class interventions for behavior and academic support during stations for a number of CIS enrolled students (KG is focus).
 - Bi-weekly lunch groups by grade level with social emotional learning lessons
 - Journey of Hope (CIS and Counselor)
 - Running club on Tuesday/Thursday morning to promote wellness, self-esteem, goal setting, and using energy in a positive way.
 - One on one growth mindset activities with CIS enrolled students
 - Weekly mentoring program for a number of CIS enrolled students
 - Gotcha Gator – school wide program that promotes citizenship and kindness
- **McAdams Junior High**
 - Backpack Buddy
 - Lunch Groups
 - Food Pantry
- **Kranz Junior High**
 - Backpack Buddy/Snack Bucket
 - Lunch Groups every Wednesday
 - Study Groups
 - Preparing to start Journey of Hope with the counselor.
- **San Leon Elementary**
 - Backpack Buddy
 - Lunch Groups/Journey of Hope/Calm Crusaders
 - Supportive Guidance
 - “Gotcha Gator”-students are recognized for showing good character
 - Basic needs, behavioral and emotional support, and health/human services.
- **Dickinson High School**
 - Backpack Buddy
 - Lunch group on Thursdays
 - Working with teen moms
 - Prom and graduation assistance
- **Silbernagel Elementary**
 - Lunch Groups
 - Backpack Buddy
 - Mobile Food Events for the community
 - Reading incentive programs
 - Homework Helpers

- The final topic of discussion was an Update on the Wellness Policy Change Request presented by Lacy Willey.
 - Joseph Trahan decided not to pursue the request to make changes to the current wellness policy. No further action is needed by the SHAC committee.

May 19, 2020 2:00-3:00 p.m.

- The fourth and final meeting of the 2019-2020 school year. The meeting was held via Zoom due to school closures related to Covid-19. Committee members were introduced and the meeting overview was presented by Jo Ellen Allen. Only three items were presented by Food and Nutrition Services due to school closures from Covid-19. Committee members present were Jo Ellen Allen, Lacy Willey, Incela Rodriguez, Reya Moya, Sharon Boudreaux, Katherine Brouillard, Jennifer Washburn, Tina Knight-Gray, Aileen Edison, Renae Canales, and Karina Alvarado.
 - The first topic of discussion was Food and Nutrition Services Tri-Annual Assessment presented by Lacy Willey.
 - Food and Nutrition Services is currently due for a Tri-Annual Assessment. There are two available options:
 - Complete the Assessment remotely.
 - File a waiver to postpone the assessment until next school year.
 - A vote was taken and 11/11 committee members voted to file the waiver.
 - Lacy Willey will file the waiver and the Tri-Annual Assessment will be postponed until next school year.
 - The second topic of discussion was the recent announcement of additional Covid-19 funding through the Pandemic EBT.
 - Lacy Willey stated that families that currently receive food stamps or have a Lone Star Card will automatically receive \$285.00 per child under the age of 18 on their card.
 - Lacy Willey stated that if a family does not receive food stamp benefits but is eligible for free or reduced meals at school an application will be made available. The application should be available beginning June 1st. FNS is currently waiting for the application to be released and will gather additional information about what will be needed from the school district.
 - The third and final topic of discussion was Summer Meals provided by Food and Nutrition Services.
 - Lacy Willey stated that Food and Nutrition Services will continue offering meals through the grab and go line at Dickinson High School and KE Little Elementary through June 30th.
 - Meals will end on June 30th.
 - Meals currently being delivered by campuses will end this week (May 22nd).

Coordinated School Health

- Dickinson Independent School District has developed and is utilizing its own Coordinated School Health Program.