November 2018 Menu

Week 1 and Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Muffins Sausage Patty Milk	Cereal Bananas Milk	Raisin Toast Bacon Milk	Pancake on a Stick Milk	Sausage Biscuits Milk
Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Nuggets Tater Tots Mixed Berries Milk	Shepherd's Pie Dried Cranberries Milk	Chicken and Rice Green Beans Strawberries Milk	Turkey Stuffing Corn Berries Milk	Chicken and Noodles with Veggies Fruit Salad Milk
Snack	Snack	Snack	Snack	Snack
Crackers with Peanut Butter	Chex Mix	Cereal Bar	Cheese Crackers*	Sun chips
*Dairy Free Alt	*Dairy Free Alt	*Dairy Free Alt	*Dairy Free Alt	*Dairy Free Al
Fruit Week 2 and Week 4	NA	N/A	Ritz Crackers Ham Roll up	NA
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Cereal Bananas Milk	Bacon Yogurt Graham Crackers	Pancakes With Blueberries Milk	Croissant Sausage Patty Milk	Cereal Bars Mandarin Oranges Milk
Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Biscuit and Gravy Green Beans Raisins Milk	Ham Mashed Potatoes Mixed Fruit Milk	Vegetable Soup Peaches Milk	Potato Soup Pineapple Milk	Chicken & Dumplings Carrots Apples Milk
Snack	Snack	Snack	Snack	Snack
Baked Chips	Pretzels	Veggie Straws	Fig Bar	Granola Bar
*Dairy Free Alt	*Dairy Free Alt	*Dairy Free Alt	*Dairy Free Alt	*Dairy Free A
NA	Fruit	NA	N/A	Na

2% Milk is served at meal times. Children who arrive before 6:30am will be offered cereal.

Toddler and EP class will email parents AM Snack choices weekly.