

January 2019 Menu

Week 1 and Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Muffins Yogurt*	Cereal* Bananas Milk	Cereal Bar Bacon Milk	Pancakes With Berries Milk	Sausage Biscuits Milk
Lunch	Lunch	Lunch	Lunch	Lunch
Ham and Cheese Pocket Cucumbers Mandarin Oranges Milk	Pulled Pork Cornbread Dried Cranberries Milk	Chicken and Rice Green Beans Strawberries Milk	Burritos Carrot Sticks Pineapple Milk	Chicken Soup with Veggies Raisins Milk
Snack	Snack	Snack	Snack	Snack
Crackers with Peanut Butter	Chex Mix	Granola Bar	Cheese Crackers*	Sun chips
*Dairy Free Alt	*Dairy Free Alt	*Dairy Free Alt	*Dairy Free Alt	*Dairy Free Alt
Fruit	NA	N/A	Ritz Crackers Ham Roll up	NA

Week 2 and Week 4

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Cereal Bananas Milk	Yogurt Graham Crackers	Muffins Bacon Milk	Croissant Sausage Patty Milk	Cereal Bars Mandarin Oranges Milk
Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Nuggets Tater Tots Mixed Berries Milk	Chicken Salad with Crackers Shredded Lettuce Apple Slices Milk	Meatballs Mashed Potatoes Peaches Milk	Lunch Meat and Cheese Crackers Guacamole Apple Sauce Milk	Beanie Weenies Fruit Cup Milk
Snack	Snack	Snack	Snack	Snack
Baked Chips	Pretzels	Veggie Straws	Fig Bar	Granola Bar
*Dairy Free Alt	*Dairy Free Alt	*Dairy Free Alt	*Dairy Free Alt	*Dairy Free Alt
NA	Fruit	NA	N/A	Na

2% Milk is served at meal times. Children who arrive before 6:30am will be offered cereal.

Toddler and EP class will email parents AM Snack choices weekly.