

LUNCH & BREAKFAST *

MIDDLE SCHOOL MENU 2019-2020

ON ANY LINE:
CHOOSE 1 ENTREE,
ANY OR ALL VEGGIES,
1 FRUIT AND 1 MILK

GATOR LINE

entrees made in-house daily, fresh breads, fan favorite sides, fresh fruits and ice cold milk.

MONDAY

Steak Fingers Or
Spicy Chicken Strips Or
Chicken Nuggets

TUESDAY - NACHO BAR

Chicken Fajita Or
Seasoned Ground Meat
Add Nacho Chips & Queso

WEDNESDAY

Cobb Salad w/Breadstick Or
Texas Ranch Salad w/Breadstick Or
Turkey on Pretzel Bun Or Ham Hoagie
with Chips

THURSDAY

Spaghetti with Meat sauce Or
Mac & Cheese with Ham Or
Italian Dunkers w/Marinara
Sauce

FRIDAY

Hot Wings with Texas Toast Or
Chicken w/Black-eyed Peas Or
Chicken Strips & Waffles with
Syrup

LUNCH PRICE

5th-6th Grade	\$2.00
Staff	\$4.00
Guest	\$4.50

3 Ways to Pay

1. Online with Credit Card
2. Send Check
3. Send Cash

schoolcafé

check out menus, allergens,
nutrients and more online

@ schoolcafe.com

or download the app

BURGER BAR

beef patties or antibiotic free Tyson chicken on a whole grain bun with a burger's favorite sides, fresh fruits and ice cold milk.

DAILY SELECTION

Cheeseburger Or
Plain Hamburger Or
Crispy Breaded Chicken Burger Or
Spicy Breaded Chicken Burger

PIZZA LINE

traditional Italian style pizzas seasoned with herbs, topped with 100% mozzarella cheese, garden fresh salads and other veggie sides, fresh fruits and ice cold milk.

DAILY SELECTION

Cheese Pizza
Or
Pepperoni Pizza

*Menu Subject to Change

MIDDLE SCHOOL BREAKFAST

**CHOOSE 1 ENTREE,
1 JUICE, 1 FRUIT AND 1 MILK**

WHOLE GRAINS, FRUIT, & MILK
homemade cinnamon rolls, muffins,
and kolaches.

ENTREES

Kolache (M/W/F)
Egg, Cheese & Sausage Biscuit (M/W/F)
Chicken Biscuit (T/Th)

DAILY:

Cinnamon Roll w/Icing
Yogurt & String Cheese
Cinnamon Toast with Sausage
Variety of Cereal

FRUIT CHOICE

JUICE CHOICE

1% OR SKIM MILK

GRAB-N-GO SNACK PACK AVAILABLE AT MOST LOCATIONS



Menu Subject to Change

Non-Discrimination Statement

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To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.
This institution is an equal opportunity provider

BREAKFAST PRICE

5th-6th Grade	FREE
Staff	\$2.25
Guest	\$2.25

Oh Yes! IT'S
FREE

for students

Save Money
& Time!

**AT BREAKFAST:
CHOOSE 1 ENTREE,
1 FRUIT, 1 JUICE
AND 1 MILK**

BREAKFAST IMPROVES

ATTENDANCE
CONCENTRATION
BEHAVIOR
TEST SCORES
ATTENTION
ENERGY

School Nutrition Policy: The Texas Department of Agriculture does not regulate what parents send with their child for lunch, but parents are prohibited from providing outside food, drinks, or meals for students other than their own. Students may not share their food with others. In addition, an adult is not allowed to consume all or part of a meal served to a student. For more detailed information, visit www.squaremeals.org or district web page for our district Wellness Policy, Smart Snacks in Schools and other department information.

 @gatorfoodies

FOOD & NUTRITION

DICKINSON, TX