# Dickinson High School & 9th Grade Center



CHOOSE 1 ENTREE, ANY OR ALL SIDE VEGGIES, 1 FRUIT, 1 JUICE AND 1 MILK

## CENTRAL MARKET - DHS

PROTEIN, GRAIN AND VEGGIES

Meals include a side vegetable and whole grain.

## MONDAY

4PC SPICY CHICKEN TENDER MEAL 5PC CHICKEN NUGGET MEAL

#### **TUESDAY**

6PC HOT WING MEAL
5PC STEAK FINGER MEAL

## WEDNESDAY

4PC SPICY CHICKEN TENDER MEAL 5PC CHICKEN NUGGET MEAL

## **THURSDAY**

6PC HOT WING MEAL 5PC STEAK FINGER MEAL

## **FRIDAY**

4PC SPICY CHICKEN TENDER MEAL 5PC CHICKEN NUGGET MEAL

## **BURGER BAR-DAILY-DHS**

PROTEIN, GRAIN AND VEGGIES

whole grain buns and a variety of tots & fries.

CHEESEBURGER MEAL

SPICY CHICKEN BURGER MEAL

## **VARIETY FARE- DAILY-DHS**

PROTEIN, GRAIN AND VEGGIES

entrees made in-house daily and fan favorite sides

CHICKEN FAJITA NACHOS

**SEASONED GROUND MEAT NACHOS** 

GRILLED CHEESE ON TX TOAST WITH BAKED BEANS

**GATOR FAMOUS CHICKEN POPPER BOWL** 

## **SALADS & SANDWICHES-DHS**

PROTEIN, GRAIN AND VEGGIES

salads made in-house daily and fan favorite sides. all served daily.

DELI SANDWICH ON HOAGIE ROLL WITH DORITOS CHIPS

CHICKEN POPPERS HOUSE SALAD WITH CHEEZ ITZ AND RANCH

## 9TH GRADE CENTER

PROTEIN, GRAIN AND VEGGIES

CHEESEBURGER MEAL

SPICY CHICKEN BURGER MEAL

DELI SANDWICH ON HOAGIE ROLL WITH DORITOS CHIPS

GATOR FAMOUS CHICKEN POPPER BOWL

SEASONED GROUND MEAT NACHOS

5PC CHICKEN NUGGET MEAL (M/W/F)

6PC HOT WING MEAL (T/TH)

## LUNCH PRICE

STUDENTS: FREE--TEMPORARILY PER USDA

> STAFF: \$4.00 VISITORS: \$4.50

## DHS & 9TH GRADE CENTER BREAKFAST

WHOLE GRAIN, FRUIT, AND MILK

## MONDAY

Sausage, Egg, and Cheese Croissant Mini Donuts

## **TUESDAY**

Pancake on a Stick Poptart

AT BREAKFAST: CHOOSE 1 ENTREE, 1 FRUIT, 1 JUICE AND 1 MILK

## WEDNESDAY

Sausage Kolache Munchies Snack Mix and String Cheese

## **THURSDAY**

Pancake on a Stick Mini Donuts

## **FRIDAY**

Breakfast Chicken Biscuit Poptart

DAILY FRUIT CHOICE

DAILY JUICE CHOICE

1% OR SKIM MILK CHOICE

## BREAKFAST PRICE



STUDENTS: FREE

STAFF: \$2.50 VISITORS: \$2.50





## SMART SNACKS AND DRINKS



@GATORFOODIES



DICKINSON ISD FOOD AND NUTRITION

School Nutrition Policy: The Texas Department of Agriculture does not regulate what parents send with their child for lunch, but parents are prohibited from providing outside food, drinks, or meals for students other than their own. Students may not share their food with others. In addition, an adult is not allowed to consume all or part of a meal served to a student. For more detailed information, visit www.squaremeals.org or district web page for our district Wellness Policy, Smart Snacks in Schools and other department information.

**DISTRICT COVID Info:** Students are permitted to bring their own water bottle from home. No outside deliveries (food, gifts, food delivery services, etc.) will be accepted during the school day. Visitors will not be permitted in the cafeteria during breakfast or lunch.

#### Non-Discrimination Statement

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http://www.ascr.usda.gov/complaint\_filing\_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture

Office of the Assistant Secretary for Civil Rights

1400 Independence Avenue, SW

Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.

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