

CLEAR BROOK "WOLVERINE RELAYS"

FEBRUARY 2, 2024

2:00 PM

FIELD EVENTS:

FLIP AT COMPLETION OF EACH EVENT

Each competitor receives 4 attempts except HJ & PV

Shot Put/ Discus- 4 throws.

Wheelchair Shot Put (Following Boys & Girls Division)

**** each thrower will get at least one throw marked. After that minimum must be made to get measured.****

BOYS

Shot Put (B40ft – G30ft)**

Triple Jump (B38ft – G32ft)

Pole Vault (B10ft – G7'6ft)

GIRLS

Discus (G90ft – B120ft)**

Long Jump (G16ft – B20ft)

High Jump (G4'8 – B5'4ft)

2:00 PM

RUNNING EVENT:

4 x 1600 Relay

4:00 PM

RUNNING EVENTS:

Rolling Time Schedule

Girls followed by Boys and against time

4 x 100 Relay

4 x 800 Relay

100 Hurdles (Girls)

110 Hurdles (Boys)

100 Meter (Wheelchair race)

4 x 400 Mixed Relay

4 x 100, 200, 300, 400 Swedish Relay

- Race starts at the 200m start line and cut in for 200m runner

DMR (1200, 400, 800, 1600)

400 Meter (Wheelchair race)

4 x 400 Relay