EB Cushing Stadium
Bryan - College Station, TX
Friday - Saturday, March 1-2, 2024



SITE:

EB Cushing Stadium 977 Penberthy Dr, College Station, TX, 77843

SUNSET:

6:48 PM both days

ENTRY DEADLINE:

Entry deadline is **Noon on Wednesday**, **February 14**, **2024**

ENTRY GUIDE LINES:

This is strictly a meet for high school teams and athletes – No clubs. Athletes must wear their High School Uniform.

ENTRY RESTRICTION:

• All marks will be used from Milesplit.com. Please work with mileplit.com in helping them receive the latest and most up to date results of meets.

Individuals may use any lifetime mark in milesplit. Relays may use last year or this year's marks only.

- Entry marks as of Feb 14 will be used to fill the meet and will not be updated with marks after that date. This includes the marks we use to fill in events after scratches.
- Top 90 athletes per gender will be selected in the individual races.
- Top 48 teams per gender in the following relays: 4x200m, 4x800m, *Mixed 4x400* relays. (only 1 of each relay per team per gender and 1 mixed relay per team allowed)
- Top 64 teams per gender in the following relays: 4x100m and 4x400m relays (only 1 of each relay per team per gender allowed).
- Top 48 competitors per gender (3 flights of 16) will be selected for each of the following events to make: Discus, Shot Put, Long Jump, and Triple Jump

Triple Jump will have a two boards to pit distance of:
Boys –board at 42'and board at 36'
Girls –board at 36' and tape board at 30'
Long Jump will have a board at 9' 10" to pit for both genders.

• Top 32 competitors per gender will be selected for the following events:

Pole Vault

Boys Progressions: 12' 9.5" (3.90m), 13' 3.5 (4.05m), 13' 9.25" (4.20m),

14' 3.25" (4.35m), 14' 9" (4.50), 15' 3" (4.65m), 15' 9" (4.80m), 16' 2.75" (4.95m), 16' 8.75" (5.10m), 17'

0.75" (5.20) - +5cm

Girls Progression: 10' 4" (3.15m), 10' 10" (3.30m), 11' 3.75" (3.45m), 11'

9.75" (3.60m), 12' 3.5" (3.75m), 12' 9.5" (3.90m), 13' 1.5" (4.05m), 13' 9.25" (4.20m), 14' 1.25" (4.30m),

14' 5.25" (4.40m) - +5 cm

High Jump

Boys Progressions: 5' 10" (1.78m), 6' 0" (1.83m), 6' 2" (1.88m), 6' 4"

(1.93m), 6' 6" (1.98m), 6' 8" (2.03m), 6' 9.75 (2.08m), 6' 11.75" (2.13m), 7' 1" (2.16m), 7' 2.25" (2.19) -

+3cm

Girls Progression: 4' 9.75" (1.47m), 4' 11.75" (1.52m), 5' 1.75" (1.57), 5'

3.75" (1.62), 5' 5.75" (1.67m), 5' 7.75" (1.72m), 5' 9.75" (1.77m), 5' 11.5" (1.82m), 6' .075" (1.85m), 6'

2" (1.88m)

MIXED 4x400m Relay:

- Must have 2 boys and 2 girls on the relay, no exceptions
- Teams may choose the order in which to run their athletes.
- Mixed 4x400m High School National Record

3:27.90 Highland Springs, Va. NB Nationals 6/15/19 Greensboro, NC [Gartasia Crawley, Alicia Thorpe, William Spencer, Keonte Midgett]

• This event will be scored. Place points will go to each gender, (i.e. winner: 10 point to boys team, 10 point to girls team).

ENTRY PROCEDURE:

Entries will be processed through Milesplit.com. Please use the following link for entry procedures https://support.milesplit.com/en/a/how-do-i-enter-my-team-in-a-meet.

Entry deadline is **Noon on Wednesday, February 14, 2024**

Accepted entries will be posted by 9pm on Thursday, February 15, 2024

SCRATCHES:

We will accept scratches up to midnight Monday, February 28. The field will be filled in after all scratches.

ENTRY FEE:

PLEASE NOTE: IN ORDER TO COMPLY WITH NCAA RULES, WE MUST HAVE RECORD OF PAYMENT RECEIVED BEFORE YOUR TEAM CAN COMPETE.

\$20 per athlete up to a max of \$150 per gender.

All entries must be done online through Milesplit.com.

Payment options are as follows:

On-line through Milesplit.com

Cash at packet pick-up

Check – make payable to "Texas A&M Athletics"

Will accept checks at packet pickup or mail ahead of time to address below.

Mail checks to: Texas A&M Track and Field

1228 TAMU

College Station, TX 77843

Note: Entry fees cover the cost of timing crew, officials, trainers, awards, and facilities use.

PACKET PICK-UP:

To be determined.

TEAM FACILITY ENTRY, CREDENTIALS, CAMPS AND SEATING:

- To be determined
- NO children will be allowed in the warm-up area at any time.
- No portable chairs allowed on the track surface, including the grey surface surrounding the track.

TIMING:

The meet will be timed by Flash Results

PREFERRED LANES:

Sprint Straight 5-6-4-7-3-8-2-9-1 Oval 6-7-5-8-4-3-9-2-1

SEEDING:

All events will be seeded and drawn according to marks submitted on February 14. No changes will be made at the meet.

ADVANCEMENT PROCEDURE:

- Running Events:
 - 100m, 110/100m Hurdles, 200m and 300m Hurdles: **Top 9** times from Friday prelim rounds will advance to final round on Saturday
 - All other running events: Contested in sections against time
- Field Events:
 - Top 9 competitors from the prelim rounds will advance to the final round

SCORING:

Individual Events: 10-8-6-5-4-3-2-1 Relay Team Event: 20-16-12-10-8-6-4-2

AWARDS:

Awards will be presented to the winning team per gender and top 3 per gender.

ADDITONAL MEET RULES:

- No headphones or personal sound system (mp3, ipod, portable speakers, etc) will be allowed in the EB Cushing or Anderson Track (warm-up/ practice track).
- No athletes are allowed in the Coaching Areas
- Athletes will be disqualified if caught in unapproved spikes.

FACILITY AVAILABILITY:

Friday, March 1 10:00 am Anderson Track (warm-up/ practice track) is

available for warm-up and practice.

Closed EB Cushing Track closed for warm-up

Saturday, March 2 8:00 am Anderson Track (warm-up/ practice track) is

available for warm-up and practice.

Closed EB Cushing Track closed for warm-up

COMPETITION WARM-UP:

No warming up will be allowed on the competition track. Warm-up is available in the Anderson Track (warm-up/ practice track). Hurdles and blocks will be available at the warm-up track. Field Event warm-ups will be conducted per the NCAA Rules.

Shot Put, Discus, Long Jump and Triple Jump competitors will be allowed at competition venue 40 minutes prior to start of competition. The final 20 minutes will be reserved for competition in the first flight. The remaining flights' competitors will return to the warm-up area. A report call for the next flight will be given at the conclusion of the first round of the flight in progress. At the conclusion of the second round of the flight in progress competitors of the next flight will be escorted to the competition venue. 20 minute warm-up per flight.

<u>High Jump</u> competitors will be allowed at competition venue 45 minutes prior to the start of the competition. *General warm-up must be done at the Anderson Track (warm-up/ practice track)*.

<u>Pole Vault</u> competitors will be allowed at competition venue 60 minutes prior to the start of competition. *General warm-up must be done at the Anderson Track (warm-up/ practice track)*.

SPIKES:

- ATHLETES WILL NOT RUN IF YOU DO NOT COMPLY WITH THIS RULE
- The only spike pin allowed for our facility is the ¼" pyramid spike from MF Athletics, 800-556-7464, Item #6650-1/4 (¼" Pyramid Spike pins).
- The 7mm spike is NOT ALLOWED. The spike measures longer than the Pyramid Spike we allow.
- The use of ½" pyramid spikes will be strictly enforced.
- NO NEEDLE SPIKES OR CHRISTMAS TREE SPIKES ALLOWED.
- No permanent spike shoes allowed.
- Shoes will be checked at last call in the Clerk Area and prior to getting on the track.

POLE VAULT CERTIFICATION:

Pole-vaulters must complete the UIL High School Pole Vault Certification Form prior to competing. Forms can be found on the last page of the meet information or at the clerk area and must be turned into the head Pole Vault official. National Federation Track and Field Rules state that competitor's weight shall be at or below the manufacturer's pole rating. A competitor shall not use a variable weight pole, a pole which is improperly marked or a pole rated below his/her weight during warm-up or competition.

RUNWAY MARKS:

White athletic tape may be used on the runways. Chalk and cones are not permitted

RELAY MARKS:

Only white athletic tape may be used for relay zone. No plastic, tennis balls, etc may be used.

WEIGH-IN:

Implement Inspection is located on the west side of the indoor track where the midfield hammer cage with safety nets is located.

Implements must be checked in 90 minutes prior to the start of the event.

HEAT SHEETS AND RESULTS:

Heat sheets will be posted on the website at 12thman.com, at flashresults.com and at milesplit.com by 9:00pm, Wednesday, February 28. Event results will be posted at the conclusion of the event in the clerk tent. Results will be posted on our website following the completion of the meet.

COACHING AREAS:

Will be designated and monitored. No Athletes allowed in coaching areas.

FACILITY SPECIFICATIONS

LJ / TJ (West/East Runway)

Runway Width 1.22m (4') Landing Pit Length 9.75m (32') Landing Pit Width 2.99m (9'9.6")

Long Jump

Runaway Length 66.14m (217') Board to Pit 3.00m (9' 10")

Men Triple Jump

Runaway Length 53.34m (175')

Board #1 to Pit 42' Board #2 to Pit 36'

Women Triple Jump

Runaway Length 55.16m (181')

Board #1 to Pit 36'

Board #2 (**TAPE**) to Pit 30'

EMERGENCY MEDICAL SERVICES:

Will be provided onsite.

DRESSING/SHOWER FACILITIES:

Not Available

PARKING:

<u>Team Bus</u>: To be Determined.

Team Van: To be Determined

PARENT AND SPECTATOR TICKETS:

Please check our ticket website https://www.12thmanfoundation.com/tickets/index.html#tf or call Texas A&M Athletic Ticket office at 888-99AGGIE (992-4443).

SPECTATOR ENTRY:

Spectators must enter through either the entrance Northwest side of the West Campus Player Development Center or the entrance on the Northeast side of the stadium off of Penberthy Street. Chair backs greater than 16 inches in width will not be allowed in the facility.

POLE VAULT (North / South Diagonal)

Runway Length 45.11m (148") Runway Width 1.22m (4')

HIGH JUMP (North to South / South to North)

Runway Approach 22.99m (82')

CLEAR BAG POLICY:

Texas A&M University has adopted a new clear bag policy for all home athletics contests. This policy will be enforced for spectators and anyone entering through the front doors. The policy **WILL NOT** apply to any credentialed person (coaches, staff, student-athletes, etc) entering the facility through the warm-up area. For more information, please visit www.12thman.com/beclear.

COMPETITION ETIQUETTE:

Meet management reserve the right to dismiss any athlete, parent, club, team, organization, school, or institution from the competition for disciplinary reasons and or not following meet protocol.

UPDATES:

Please continue to check <u>www.12thman.com/homemeetinfo</u> for any updates on meet information, parking and/or schedules.

If you have any questions, please email Josh Lockhart at <u>jlockhart@athletics.tamu.edu</u> or call 908.848.0825

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Texas A&M University ~ Bryan - College Station, Texas Friday-Saturday, March 1-2, 2024

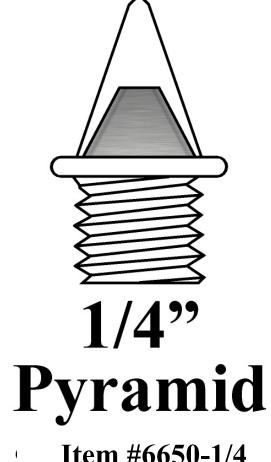
- DAY ONE -

Friday, March 1

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2:00 pm	B G B G B	FIELD EVENTS Pole Vault Pole Vault Shot Put Shot Put Long Jump Long Jump	Final Final Trials & Final Trials & Final Trials & Final Trials & Final
11:55 am 12:00 pm	G B G B G B G B G B	RUNNING EVENTS National Anthem 4x200 Meter Relay 4x200 Meter Relay 100 Meter Hurdles (33") 110 Meter Hurdles (39") 100 Meters 100 Meters 4x800 Meter Relay 4x800 Meter Relay 200 Meters 200 Meters 300 Meter Hurdles (30") 300 Meter Hurdles (36") 1600 Meters 1600 Meters Mixed 4x400 Meter Relay Projected Finish	Sec vs Time Sec vs Time Prelim Prelim Prelim Prelim Sec vs Time Sec vs Time Prelim Prelim Prelim Prelim Sec vs Time Sec vs Time Sec vs Time Sec vs Time
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		- DAY TWO -	
		Saturday, March 2	
11.00	C	FIELD EVENTS	T.::-1- 9- E::1
11:00 am	G	Discus	Trials & Final
11:00 am 2:00 pm	G	Discus High Jump	Final
	G B	Discus High Jump High Jump	Final Final
	G B B	Discus High Jump High Jump Triple Jump	Final Final Trials & Final
2:00 pm	G B B G	Discus High Jump High Jump Triple Jump Triple Jump	Final Final Trials & Final Trials & Final
	G B B	Discus High Jump High Jump Triple Jump Triple Jump Discus	Final Final Trials & Final
2:00 pm 2:30 pm	G B B G	Discus High Jump High Jump Triple Jump Triple Jump Discus RUNNING EVENTS	Final Final Trials & Final Trials & Final Trials & Final
2:00 pm	G B B G B	Discus High Jump High Jump Triple Jump Triple Jump Discus RUNNING EVENTS 3200 Meters	Final Final Trials & Final Trials & Final Trials & Final Sec vs Time
2:30 pm 2:30 pm 10:00 am	G B B G B	Discus High Jump High Jump Triple Jump Triple Jump Discus RUNNING EVENTS 3200 Meters 3200 Meters	Final Final Trials & Final Trials & Final Trials & Final
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2:30 pm 2:30 pm 10:00 am	G B B G B	Discus High Jump High Jump Triple Jump Triple Jump Discus RUNNING EVENTS 3200 Meters 3200 Meters National Anthem 4x100 Meter Relay	Final Final Trials & Final Trials & Final Trials & Final Sec vs Time Sec vs Time Sec vs Time
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Texas A&M Track & Field









Pins





UIL Pole Vault Certification Form

In compliance with the National Federation of High Schools Track and Field Rule 6.5.3-4, this form is provided to verify pole vaulter's weights and pole ratings prior to warm-up and competition.

Vaulter's School:		Coach's Name (print):	
Site of Competition:		Date of Competition:	
Vaulter's Name:		Vaulter's Weight:	lbs.
Pole #1:	Length:	Pole Rating Weight:	lbs.
Pole #2:	Length:	Pole Rating Weight:	lbs.
Pole #3:	Length:	Pole Rating Weight:	lbs.
Pole #4:	Length:	Pole Rating Weight:	lbs.
Pole #5:	Length:	Pole Rating Weight:	lbs.
Pole #6:	Length:	Pole Rating Weight:	lbs.
Pole #7:	Length:	Pole Rating Weight:	lbs.
Pole #8:	Length:	Pole Rating Weight:	lbs.
Athlete Signature:		Date:	
Coach's Printed Name:		Date:	
Coach's Signature:		Date:	

The following are NFHS Track and Field Rules relevant to pole vault safety:

- **Rule 6.5.2:** The vaulting pole may be of any material and of length and diameter. It may have a binding of not more than two layers of adhesive tape of uniform thickness. However, the bottom of the pole may be protected by several layers of tape, PVC, metal, sponge rubber, or other suitable material to protect it when placed in the planting box.
- Rule 6.5.3: The competitor's weight shall be at or below the manufacturer's pole rating. The manufacturers must include on each pole: the pole rating that shall be a minimum of 3/4 inch in a contrasting color located within or above the top hand-hold position; a 1-inch circular band indicating the maximum top hand-hold position with the position being determined by the manufacturer. Prior to the competition, the Coach must verify that all of the schools' pole vaulters meet these requirements.
- **6.5.4:** A competitor shall not use a variable weight pole, a pole which is improperly marked, or a pole rated below his/her weight, or any other equipment that is not legal during warm-up or competition. **NOTE:** Altering the pole in any fashion renders it illegal. **PENALTY: Disqualification from the event.**
- **6.5.5:** Prior to warm-up, the field referee, head field judge, or assigned inspector of implements shall inspect each pole to be used in the competition to verify that the poles are legal equipment, per Rule 7-5-3. This includes checking the placement of a top hand-hold band, numerical pole ratings a minimum of 3/4-inches in a contrasting color located within or above the top hand-hold band, and the proper binding of not more than two layers of adhesive tape of uniform thickness. The binding shall not be on or above the top handhold band.
- **6.5.21:** A competitor shall not be allowed to use the pole of another individual without the consent of the owner. The event judge shall approve the use and verify that the pole is rated weight-appropriate. **PENALTY: Disqualification from the event.**
- Rule 6.5.27: It is a foul if the competitor grips the pole above the top handhold band. PENALTY: An unsuccessful trial is charged, but not measured.